



# NEWSLETTER

*"A Figure of Speech"*

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SUMMER

2021

volume 21 number 2

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*SUMMERTIME.....*



*and the livin' is easy*

# FLORIDA MORGAN HORSE ASSOCIATION

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## Newsletter Issue mailed: 15st of the month March, June, August, December

Ads/Copy must be recieved **10 days before** issue mailing. Send copy and payment to Newsletter editor. Make checks payable to FMHA  
NEWSLETTER ADVERTISING RATES

Business Card ad ( 1 year).....\$35      Full page, per issue.....\$50      Half Page, per issue.....\$35  
Classified.....FMHA member - free      non-member, per word/per issue.....\$0.20

## FMHA MEMBERSHIP APPLICATION (All memberships are valid from January 1 to December 31 of current year)

Full Name \_\_\_\_\_ AMHA member? y\_\_ n\_\_

other adult family/farm member \_\_\_\_\_ AMHA \_\_\_\_\_

children \_\_\_\_\_ AMHA? \_\_\_\_\_

Your Farm Name (if any) \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone (home) \_\_\_\_\_ cell \_\_\_\_\_ work \_\_\_\_\_

E-Mail \_\_\_\_\_

Individual - \$25       Family or Farm - \$35

checks payable to FMHA  
Mail to: Jeanette Singleton  
4208 W Corona Ave  
Tampa, FL 33629

Once received, your name will be listed on the website as a current member.

## THE SHOW SCENE

The second half of our show season is heating up along with our summer weather. With Citrus Cup, Dixie Cup and Summer Fun in the books, we have some exciting shows to look forward to.

SYH Extravaganza is scheduled for August 13-15 at the World Equestrian Center in Ocala with a full slate of Morgan classes. Karen Gardener is organizing a shrimp boil/cocktail hour get together for all exhibitors as a way to promote our breed and club. The prize list is available online.

A month later our Summer's End show will be going on at the Livestock Pavilion in Ocala. Dates are September 9-12. The class list has been changed significantly from past years so be sure to check out the revised prize list. It should be available online very soon.

Of course, we can't forget the Morgan Grand National taking place in Oklahoma October 9-16.

Looking forward to 2022, the plans for Citrus Cup '22 are well underway. The committee met last month and officials have been contacted. With continuing improvements to the Alachua Equestrian Center, it promises to be another great show.

The following is an update on plans for Citrus Cup '22: The show netted a profit of \$19,700.85 which included all sponsors, income from the show (stall fees entries etc) and the \$722.16 Regional money received from AMHA. Citrus Cup will continue to be a USEF rated and Regional as in 2021. Fees will be raised slightly to keep up with other rising costs.

No change in sponsorship amounts

We will no longer print a program. Sponsors will be listed on a sponsor's "booklet" to be handed out at the show and a banner will be displayed with all the sponsors names. A list of horses entered with their back numbers will be printed for exhibitors. There will be a closing date, so we have time to get it printed.

An attempt will be made to set up a text to exhibitors for each session which will include schedule and class count.

Schedule basically the same with the addition of 2 classes Dressage Suitability and Sport horse under saddle. We discussed that the Wed afternoon session would be extended to include over fences classes. After thinking about the facility -this WILL NOT work. The best scheduling would be to move the Cones classes to Wed morning and put the jumping on Friday morning – so they would have back-to-back days.

Open Western Pleasure Championship will be moved to Friday night and Amateur to Saturday night.

Awards: Qualifying classes will receive glasses with Citrus Cup logo imprinted in green.

Challenge trophies: The following will be retired this year Windy Pond, Alderman, Western Southern Life, UVM Windfall, Justin Morgan, Richard Goode. They need repair or have not been supported. New trophies will be limited to 5 years. Anyone wishing to donate a new trophy will agree to pay \$500 up front for the 5 year sponsorship of the trophy.

Hospitality: Progressive party on Friday Janice Scotto will head that up. Welcome baskets and daily treats as in 2021 including the Sat pizza for all the barns.

Judges: Bonnie Sogoloff will be the main judge, Dressage judge is Heather Stalker. A hunter judge will be hired for the NON-Morgan over fences classes.

Center ring- we will purchase a new center ring set up made of vinyl which will be used for both shows.

## FROM AMHA

The following positions will be included on 2022 election ballot distributed to AMHA members in good standing as of December 31, 2021.

One regional director for each Eastern, Central, and Western Regions. At the 2021 Annual Meeting, one director from each of the Regions shall be elected to a three-year term. For a person's name to be placed on the official ballot, that person must go through a nomination process, which consists of:

- Candidate must be an AMHA member in good standing possessing an individual or life membership;
- Residency within the region for which they are running; (EASTERN Region: Alabama, Connecticut, Delaware, Florida, Georgia, Kentucky, Maine, Maryland, Massachusetts, Mississippi, New Hampshire, New Jersey, New York, North Carolina, Pennsylvania, Rhode Island, South Carolina, Tennessee, Vermont, Virginia, West Virginia, South America, Europe, Africa)S
- Obtaining official nomination petitions from AMHA's headquarters and securing a minimum of 15 qualified voting members signatures of the region;
- Filing the nomination petitions, with appropriate number of qualified signatures, with AMHA office by October 1, 2020;
- Valid signatures on nomination petitions are AMHA members in good standing and 18 years of age or older;
- Each candidate must sign each nomination petition to show acceptance of nomination.

AMHA encourages all members to consider getting involved in the governance process of the Association. If you think you might be interested, please obtain a set of nomination/election guidelines/materials from AMHA by contacting AMHA Executive Director at [execdir@morganhorse.com](mailto:execdir@morganhorse.com) or calling (802) 985-4944

## REMEMBERING ELEANOR BURNS -*Alicia Davis*



My mother, Eleanor Jean Burns, passed away peacefully on July 6th at Harbor Chase of Gainesville. She was the daughter of Paul J & Julia Bartovich Walters, born on March 24, 1926, in York Run Pennsylvania. She earned a Bachelor of Science in Education from State Teacher's College, California, Pennsylvania, and attended Nova University, Davie, Florida for Masters of Curriculum and Instruction. She

began her teaching career in McKeesport, PA and continued in Fort Lauderdale as Primary Specialist until retiring in 1987 and moving to Gainesville. She was a volunteer at Hidden Oak Elem and Kimball Wiles Elementary – where she was Volunteer of the Year. Mom spent her summer's traveling the United States (all 50 states) and the World. Her favorite countries were Greece, England, and Australia. She experienced several interesting adventures such as being in China during protests at Tian An Men Square, she was on a TWA airplane when the engine literally fell off before takeoff, and in Morocco armed machine gun carrying men boarded the bus to confiscate cameras. Mom loved to play the slot machines and usual won! During her travels she frequented casinos across the US and even found one Australia. She enjoyed Florida Gator football, Saturdays were spent tailgating, attending home games and the National Championships.

Mom traveled with me to horseshows across the country. She enjoyed her "Morgan Family" of friends. One year at Oklahoma she and Dr Gilman were talking and when the conversation ended Mom had purchased a broodmare for me. I didn't know that she had until we got back to Gainesville and Dr Gilman asked if I was coming for the mare or was he to bring her up! That was a pretty good deal as this mare was the grand dam of my World Champion Touch Of Minx and later Reserve World Champion Raindrop's Chisum.

Many of you may remember her as the Citrus Cup ribbon lady. For 20 years she made sure that center ring was set up with decorations, ribbons, and food for the officials. She enjoyed the show and wanted to be sure everyone else did too.

A Funeral Mass will be held at Queen Of Peace Catholic Church 10900 S W 24th Ave, Gainesville, FL on Friday, July 23, at 11 AM . There is also a memorial page on [www.forestmeadowsfh.com](http://www.forestmeadowsfh.com)

## CITRUS CUP RIDES AGAIN!

After a year's delay our Citrus Cup Regional was back up and running. in 2021. The extensive improvements in the facility done over the last year made it that much nicer to be back. The newly paved aiseways and stall mats were enjoyed by horses and exhibitors alike. And with the new lighting in the arena no more "spooky corners" to deal with.

Although Covid restrictions meant no parties this year, instead our intrepid show Chairman Alicia Davis, made daily rounds making "home" deliveries of goodies to each barn.

Thanks to everyone who worked to make the show a success and a huge congratulations to all the ribbon winners!



# MORE SMILES AT CITRUS CUP



## CARING FOR A SENIOR HORSE

Well managed older equine athletes maintain their performance level through careful management of some of these inevitable physiological changes that occur with age, such as:

- Change in training practices to influence insulin response
- Adjust exercise to suit change in muscle
- Feed damp feeds to limit dust
- Avoid high intensity exercise
- Avoid work in hot/humid conditions
- Increase electrolyte supplementation

Many of these changes have formed the basis of formulations specifically targeted to still active aged horses in the number of “Senior” diets. The common features of these diets can be summarized as follows;

- Diets catering to horses less likely to be involved in prolonged aerobic exercise characterized by perhaps lower oil content, higher levels of digestible fiber and increased employment of processing to ensure maximization of starch digestibility in any grain sources.
- Increased energy density to cater to those individuals suffering from reduced bodyweight. The energy source employed will be dependent on the existence of any underlying metabolic disorders.
- Fiber sources are more digestible and less lignified for older horses – especially those suffering from compromised dentition.
- Feeds are low dust and ideally fed dampened to reduce the challenge to individuals with reduced lung capacity.
- Excessive calcium intake avoided since aged horses have reduced phosphorus digestibility.

- Increased electrolyte supplementation compared to younger horses during periods of work.
- Increased addition rates for antioxidants such as Vitamin C and E.

As with any horse, the diet must also be designed to cater to desired body condition score and level of work but consideration of the particular physiological changes brought with age is crucial in formulation of a diet that will prolong the active years of an aged horse.

## KNOWING WHICH PLANTS ARE DANGEROUS

It can be a challenge to create pretty landscape around your house and farm without inadvertently including plants that could be a danger to your horses. For example, most butterfly garden plants can be toxic including milkweed, lantana, cassia, and croton. Even if they are not in an area near horses, their seeds can spread and new plants could appear in or near pastures. Other decorative plants to be avoided are morning glory, branching ivy, foxglove, hydrangea, atamasco and rain or zephyr lilies.

Landscaping plants such as yews, sago palm, coonti, privet, oleander, crotons and philodendron can also be poisonous to horses. Of these, yew and oleander made the top 10 danger list in a recent Equus Magazine article and the sago palm (especially the seeds) are toxic to all animals - including humans.

It may be time to make a quick survey of your property to see if there are any plants you might want to replace.

HORSE AGE	EQUIVALENT HUMAN AGE	HUMAN EQUIVALENT
0 newborn	2 years	
1 year	8 years	1st horse year= 6 human years
2 years	13 years	2nd horse year= 5 human years
3 years	17 years	3rd horse year= 4 human years
4 years	20 years	4th horse year= 3 human years
5 to 24 years	21-70 years	after 4th, each horse year= 2.5 human years



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